

CARTER BUZZ



CARTER MIDDLE SCHOOL

AUGUST 2018

WATSON'S WORLD~

I am excited to start my fourth year as your Principal at Carter Middle School. I have lived in the Carter Community my entire life and have children in the Carter area schools. I am a Hornet, and I have a passion for this community. We have great kids at Carter Middle School and my goal to push our students to be the best they can be. I will work hard to educate, empower, and motivate our students to excel.

I am challenging the staff, the students, and our families to **Get on the Bus** and show their **Hornet PRIDE** this year. We must maintain our growth in academic achievement while at the same time addressing our students' emotional, social and physical needs. We can do this by demonstrating our **PRIDE** traits: **Positive, Respectful, Involved, Dependable, Excellence**. It will take a lot of hard work, but working together as a Carter Middle School community we can accomplish this goal.

Communication between school and home is very important in our students' education. In order to maintain good communication we will utilize various methods such as:

Phone and email messenger system.

Flyers sent home.

Newsletter

Twitter: @CMS_principal_

I will send a phone message every Sunday afternoon called the CMS Weekly Update. This message will include information about things happening at school and important dates. I will also use Twitter and tweet information for school wide events.

One of our slogans this year is "**No Energy Vampires Allowed!**" this is from Jon Gordon's book entitled the **The Energy Bus**. An "Energy Vampire" is anyone that sucks the positive energy from people. In the school setting this includes kids being bullies, kids being mean, kids causing drama, or any type of behavior or action that takes positive energy from people. We just cannot have these things occurring at school because it interferes with student learning.

We are having a **<5** Attendance Challenge this school year. Our goal is for every student to have **<5** absences for the year. Attendance is so important for students. Your student needs to be at school every day.

I am looking forward to a great year and working together to achieve the highest potential for our students. So let's all **Get on the Bus and Show HORNET PRIDE ! GO HORNETS !**

Mr. Watson

"You haven't failed until you stop trying."

— Jon Gordon, *The Energy Bus*:
10 Rules to Fuel Your Life, Work, and Team with Positive Energy



STANLEY'S SECTION~

Hello Carter Middle School Students and Parents,

Some say educators have the best profession ever. Summers Off! Job hours 8:00-3:30. I agree, but only for a different reason. The opportunity to start the year (school year) over. The slate has been wiped clean. A new year begins. How exciting is that. I want to extend a heartfelt welcome to you as we begin the 2018-2019 school year. I am enthusiastically anticipating this new school year and working with your child. I hope that you and your child will have a successful school year. If you have any questions or concerns, please feel free to contact me. This is going to be a great school year.

Jennifer Stanley
Assistant Principal
7th Grade

10 RULES FOR THE RIDE OF YOUR LIFE

1. You're the Driver of the Bus.
2. Desire, Vision and Focus move your bus in the right direction.
3. Fuel your Ride with Positive Energy.
4. Invite People on Your Bus and Share your Vision for the Road Ahead.
5. Don't Waste Your Energy on those who don't get on your Bus.
6. Post a Sign that says "No Energy Vampires Allowed" on your Bus.
7. Enthusiasm attracts more Passengers and Energizes them during the Ride.
8. Love your Passengers.
9. Drive with Purpose.
10. Have Fun and Enjoy the Ride.



10 Rules to Fuel Your Life, Work and Team with Positive Energy!
www.TheEnergyBus.com



RAMSEY'S REVIEW~

Hello Hornet Family,

It's hard to believe summer break is over. We're off to a great start and I know it's going to be another great year. The 8th grade year is fun and exciting and packed with opportunities for students to experience many things. As we work our way through the school year I want to encourage you to be involved in your child's education. The impact an involved parent can make is invaluable. Thank you once again for allowing me to serve as your assistant principal and for making CMS the best middle school in Knox County!!!!!!

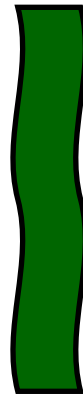
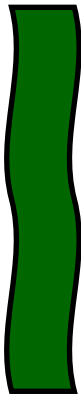
GO HORNETS!!!!
Joey Ramsey
Assistant Principal
8th Grade

THE ENERGY BUS

>>> Rule #6 <<<<

**No
Energy Vampires
allowed!**





Joey Ramsey, 8th grade AP, Thomas Watson, School Principal, Jennifer Stanley 7th grade AP



*What we put our
energy and attention
on starts to show up
more in our life.*
-Jon Gordon

Congratulations Officer Cupp!
KCS Officer of the Year!!!

CMS SSEP team opening up the experimental
tooth, Craig, that has been on the International
Space Station.



AUGUST 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
			Back to School!	Back to School Night 5-7 pm		
12	13	14	15	16	17	18
19	20	21	22	23	24	25
	Fall Pictures					
26	27	28	29	30	31	
	September 3					
	Labor Day No School					



Welcome New Staff Members to Carter Middle School!

Tessa Hartness ~7th Grade ELA
 Chelsea Eikenberg ~ 7th Grade Math
 Julie Hutchins ~ 8th Grade SPED
 Yvonne Robinson ~ 7th & 8th Grade SPED
 Judy Schmollinger ~ 8th Grade Science
 Allison Capps ~ SPED TA
 David White ~ Psychologist
 Sharon Webber ~ Psychologist
 Officer Diana Kidd ~ Sheriff



Middle Years

Working Together for School Success



Short Stops

Connect after school

Your middle grader may not feel like talking the minute he gets home from school. Try simply saying, “Hi, I hope your day went well!” and giving him time to relax. Later, you might ask about a class or an assignment, such as what he did in art or how his history presentation went.

A load off your back

Carrying a heavy backpack can strain muscles and cause shoulder, neck, and back pain. Let your tween weigh herself and then her backpack to make sure it’s no more than 10–20 percent of her body weight. Also, she should carry the bag over both shoulders so the weight is evenly distributed.

Guess my number

This fun family game stretches your child’s logical thinking skills. Take turns choosing a number between 1 and 100. Have everyone else ask yes or no questions (“Is it odd?” “Is it more than 60?”) until someone figures out the correct number. Then, that person picks a new range (say, between 475 and 600) and a new secret number.

Worth quoting

“Never mind what others do; do better than yourself, beat your own record from day to day, and you are a success.” *William J. H. Boetcker*

Just for fun

Q: Who is strong enough to move a castle?

A: A chess player!



A+ organizing strategies

As the school year gets underway, your middle grader will be calmer and more confident if she knows she’s on top of things. Strategies like these can help her get organized.

Create “command centers”

Encourage your tween to keep school-related materials in specific places so she’ll always know where they are. She could store homework supplies on a kitchen shelf or in a box on her bedroom desk. Have her choose a spot near the front door for items like her backpack, musical instrument, and gym shoes so they’ll be ready to go when she is.



Use “5-minute wonders”

Suggest these habits that take only a few minutes. Before leaving school each day, she can scan her planner to check dates and deadlines for tests, assignments, and forms. That way, she’ll know which books and papers to take home. At home, she could quickly leaf through her folders and notebooks, then

file what she needs and throw away what she doesn’t.

Keep an estimate log

Knowing how long tasks actually take will give your tween an edge when organizing her time. Suggest that she time herself completing different types of schoolwork, such as doing research for a report or reviewing Spanish vocabulary. She could write the times in her planner and refer to them later to help her budget accurately in the future. 👍

Part of the group

Joining an extracurricular activity gives your child a productive—and fun—way to spend his free time. Try these ideas.

■ **Find a good fit.** Suggest that your middle grader listen to morning announcements or check the school website for a list of activities. He can ask the coach or advisor for more details about ones he’s interested in.

■ **Arrange transportation.** Set up a carpool with other parents. Or have him find out whether there’s a late bus he can ride and get the schedule.

■ **Show interest.** If he joins a sports team, cheer him on at games or meets. Or if he’s in the science club, ask him to tell you about an experiment he enjoyed. 👍



Homework: Smooth sailing

In middle school, your tween is the captain of the ship when it comes to handling homework. He can sail smoothly with these tips.



Discuss expectations. Encourage your child to think about what he expects of himself. He might say he will turn in assignments when they're due and get in the habit of looking over math problems to be sure he didn't

make careless mistakes. Also, let him know what you expect when it comes to homework. Consider writing down your expectations, such as doing his best and turning assignments in when they're due.

Step back. Have your middle grader decide when to do homework, whether it's after school or after dinner. When it's time for him to start, be matter-of-fact.

You could say, "Looks like it's time to do homework. Let me know if you need anything." Then, allow him to work independently. This shows him you have confidence in his abilities and encourages him to take responsibility for his own work. 👍

What is "vaping"?

The good news: Fewer middle schoolers are smoking cigarettes. The bad news: More tweens are vaping, or using electronic cigarettes. Here's what you need to know.



What it is:

Electronic devices are used to inhale vapor that usually contains nicotine. Vaping appeals to kids because it comes in flavors like cotton candy or bubble gum. The devices are often small and easy to hide—some even look like flash drives and can be plugged into laptops to charge.



Why it's dangerous: Nicotine is addictive, and it harms growing brains and lungs. And the verdict is still out on what additional damage the chemicals could cause.

What you can do: Don't allow any type of smoking, and let your child know the consequences if she breaks this rule. Also, be on the lookout for signs of vaping, such as giant clouds of vapor or unexplained odors. And search for images of e-cigarettes online so you'll know what they look like. 👍

Parent to Parent

Encourage initiative

I mentioned to my neighbor Jeanne what helpful kids she has, since I often see them getting the mail or working in their yard. Jeanne said they do a lot without being asked, so I wanted to know her secret to raising children who take initiative!

Jeanne explained that when her youngest started middle school, she went back to work and had less time to do things around the house. So she taught her kids that rather than waiting for her to change the trash bag or start the dishwasher, they needed to handle those things themselves. Eventually, they got used to taking on bigger roles in the household.

I decided to take a page from Jeanne's book and have my daughter start doing her laundry and packing her snack. After the first few days, I stopped reminding her—and when she didn't have clean clothes or a snack, she learned to remind herself. She may not offer to do the gardening overnight, but at least I'm sending the right message! 👍



Q & A

In school every day

Q Last year, my son asked to stay home when he was tired or "needed a break." I know he has a lot to do—should I let him stay home occasionally?

A One of the best ways to help your child have a successful year is to make sure he attends school every day from start to finish.

Start the year by reading the attendance policy in the school handbook together. That way, you'll both be on the same page about what counts as

an acceptable reason for missing school, such as illness or a family emergency.

Then if he asks for a "day off," explain that learning is his job. To keep up with new material and participate in class, he has to be there. You can let him know that his days off come during winter break and spring break. Regular attendance at school now will create a habit that he'll continue throughout his school years—and one day, on the job. 👍



OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

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AN EASY WAY TO EARN CASH FOR YOUR SCHOOL!

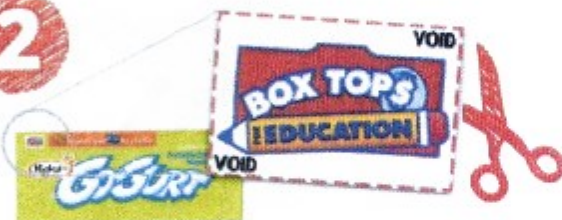
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CUT out the Box Top from each package.

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SEND your Box Tops to school with your child.

They can turn them into their homeroom teacher or to the office.

4



YOUR SCHOOL GETS CASH for every Box Top collected to help buy the things it needs most. All those Box Tops really add up!

Go online to www.btlc.com/products for a complete list of participating box tops products.

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- Chex Mix™
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 - Bars
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 - Cookies
 - Streusel
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 - Food Should Taste Good™ Tortilla & Kettle Cooked Chips
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- Hefty® Twist Tie Tall Kitchen Bags and Trash and Lawn & Leaf Bags
- Hefty® Ultimate
- Hefty® Ultra Flex® Trash Bags